

# Find Your Courageous Voice

## How to be a Confident Communicator that Speaks Up and Gets Heard



### Are you a Female Business Owner who is..

**Tired..** of not being heard in the business world?

**Frustrated..** because you're not enjoying the success you want to achieve?

**Starting to second-guess yourself..** because you know you have value to offer but have trouble attracting new clients to your business?

## Trust me – I know you're not

Every year, I see countless women who want **more..**

- more success
- more clients
- more money
- more enjoyment
- learn more
- grow more
- be more
- to contribute more

And not having these things in your life comes with a cost - in fact, many significant costs:

- ▶ Increased stress and anxiety
- ▶ Increased self-doubt and fear of failure
- ▶ Increased unhappiness, frustration and exhaustion
- ▶ Decreased confidence and certainty about your future

## I want to help

and that's why I've created a new and unique online **Business Women's Development program**.

By participating in this fortnightly, three-month program, you will:

- ▶ **have clarity** about how you might be in your own way – and know where to start making changes that will deliver the biggest benefits to you
- ▶ **learn specific, tangible strategies** for increasing your confidence, extend your self-worth and strengthen your self-acceptance
- ▶ **gain techniques** to control and reframe negative self-talk
- ▶ **develop skills** to increase your assertiveness and to reduce your need for things to be 'perfect'
- ▶ **acquire new approaches** to deal with differences of opinion and negotiate for your outcomes much more effectively

## My Details

### SANDI GIVENS

Passionate Believer in the Human Spirit, People Catalyst, Team Re-Builder  
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*Sandi Givens*  
SHATTERING GLASS CEILINGS

## Next

If you're ready to step up and become a more **authentic and courageous YOU**, register now to join other women like you who value themselves and want to invest in their future.

Register your interest by completing your details overleaf, detach this section and return it to me today so I can give you a call back. If you would prefer, please email your details to [sandi@sandigivens.com.au](mailto:sandi@sandigivens.com.au) and I'll be in touch. I'm really looking forward to working with you!

## THE PROGRAM

### Logistics

- Six x 90 minute sessions, conducted by webinar
- Sessions every two weeks, commencing Friday 11 August – 9am AEST
- Maximum 15 participants per program to ensure personal attention

### Topics

- Why the Comfort Zone is not comfortable!
- Self-imposed Glass Ceilings
- The 3 A's of Healthy Self-Esteem
- Your False Shadow – and how to banish it
- Your Life Arenas Map
- Discovering your Explanatory Style
- How to escape the Perfectionist's Trap
- How Mutually-Centered communication can liberate you
- What's in your Tupperware Cupboards?
- Thriving – not just surviving! – through Conflict

### Value

- Deliverables as detailed delivered 1:1 would be an investment of **\$4,915**
- Value of the individual components of the program: **\$2,020**

### Cost to you

- Your investment for the group program, and all additional inclusions itemised: **only \$795** (incl GST)  
*A payment plan of 3 monthly payments of \$290 can be arranged.*

**Special Launch Price!**

**\$595**

### A bit about me..



For almost two decades, I've been teaching business women to be more courageous, confident and authentic so they can increase their success, in both business and in life.

### What's included

- ½ hour Skype Coaching pre-program
- Your copy of my book [Women on the Move: How you can create your place in the world](#)
- Lifetime access to three recorded webinars:
  - How to find Purpose in your work
  - How to become Pressure-Proof and Resilient to tension
  - Making Shift Happen - How to bring out the best in yourself and others
- Downloadable workshop materials provided for each session
- Tangible, doable skills provided with Application Activities for your real world
- Unlimited access to support from Sandi
- Access to private Facebook group (open only to program participants) – post your questions, offer ideas and discuss solutions to common challenges
- Additional 3 months of support for all who complete the program and all Application Activities

### 110% Guarantee

*As with all my services and products, this program comes with my 110% Guarantee. If you aren't satisfied that I've delivered on my promises, you will pay nothing – and I will pay you 10% of the program fee by way of apology for wasting your time. (In 28 years of business, I'm proud to never have had to honour that promise!)*

### and what others say about

*"Sandi is without doubt one of the most skilled communicators and facilitators of change that I have ever encountered in my professional career. Many participants comment that their learning with Sandi has been a 'life changing experience'."*

**Denise Lavell,**  
Synergy Plus Training and Development

**EXPRESSION OF INTEREST/REQUEST A CALL BACK** - please complete and return to me today

Full Name	<input type="text"/>		
Phone	<input type="text"/>	Mobile	<input type="text"/>
Email	<input type="text"/>		